## Fact Sheet Working with Military Populations

- The military population is an underserved group with unique healthcare needs.
- It is important that providers and clinicians use culturally competent care that extends not only to the client being served, but also to members of their support system.
- Military populations are increasingly seeking services from medical providers within the civilian sector.
- In 2017, fewer than half of the veterans enrolled in the VA Healthcare System accessed these services.
- Veterans who do utilize VA Healthcare services also frequently receive care in the civilian community.
- These numbers may also increase due to changes to Veteran care access to civilian providers through the <u>MISSION Act</u> (2019).
- Understanding and knowledge in the following areas can help medical providers provide the optimum level of care:
  - □ Identification of veterans who are accessing services
  - □ How to obtain a military health history
  - □ Impact on families and support systems of military service members
  - □ Knowledge of specific methods of injury and likely impact on function
  - Common challenges facing military populations including integration back into civilian life
  - □ Understanding of military history, structure, and lingo
  - Awareness of barriers to medical care and resources to address these challenges
  - □ Knowing what to say and what NOT to say when providing care
- You can find more information on the unique needs of working with Military Service Members and their families here:
  - Treating Military Service Members and Veterans in the Private Sector: <u>https://www.archives-pmr.org/article/S0003-9993(18)30429-5/pdf</u>
  - Treating Military Spouses) in the Private Sector: <u>https://www.archives-pmr.org/article/S0003-9993(19)31470-4/pdf</u>

## **Additional Comments:**



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